



FPS UK NEWS

FPS UK Newsletter - Issue 1, July 2015

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President's Message

A welcome message from Mr. Tim Woolford who opened the inaugural FPS UK meeting on the 23rd February 2015.



Tim Woolford,
President of FPS UK

Welcome to our first FPS UK newsletter. I am pleased to report that FPS UK continues to go from strength to strength, with an ever increasing membership.

Our first FPS UK national meeting earlier in the year attracted over 100 delegates which was very encouraging. Our 2016 meeting will again be in at the Royal College of Surgeons on the 4th of February, the Thursday before the February RSM – after this we may well take the meeting to other venues outside London.

Hard to believe that BACO is almost upon us, and I can state with confidence that the FPS programme is the strongest ever, with more sessions and a number of excellent International speakers on the faculty.

Our FPS UK Committee has several new members and will be meeting at BACO. One topic which will be discussed is the new website which will be part of the re-vamped main ENT UK site. Natarajan Bajali is leading on this, assisted by one of our AOT reps Kishan Ubayasiri. They have some good quality content, including a trainee section, and I'm hoping we can go live in the near future.

I hope you will enjoy this newsletter which aims to update FPS UK members about the society and national FPS issues. Thanks are due to Sadie Khwaja, and her team Daniela Bondin and Bilal Anwar – we plan to have 2 newsletters each year and feedback is welcome.

Do contact me directly if you have thoughts or comments.

Tim Woolford

President of FPS UK

The ENT UK Facial Plastic Surgery Society.

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Welcome From the FPS UK News: Our First Edition!

By Sadie Khwaja



Sadie Khwaja

The Facial Plastic Society Newsletter (FPS UK News) is produced to keep the FPS members updated on the current global topics and features affecting our members. There will be regular articles from influential members of our society and articles that will suit trainees as well as established consultants.

The team consists of the editor, Sadie Khwaja (ENT Consultant, University hospital South Manchester & Stepping Hill), whose practice is mainly Rhinology & Facial Plastic. Daniela Bondin and Bilal Anwar who are both ENT SpR in HENW make up the editorial team.

In our first newsletter, we have a welcome address from our President, Mr. T J Woolford.

A guide to navigate BACO from a facial plastic perspective, where to go?

An insider view on fellowships and the latest news on how to take part in shaping the future guidelines on cosmetic surgery.

We conclude with presenting the FPS trainee members response to our survey on what trainees want from the society and how to shape its future direction.



The FPS UK News editorial team: Sadie Khwaja, Daniela Bondin & Bilal Anwar.

Facial Plastic Highlights at BACO

By Peter Andrews (Secretary BACO 2015)

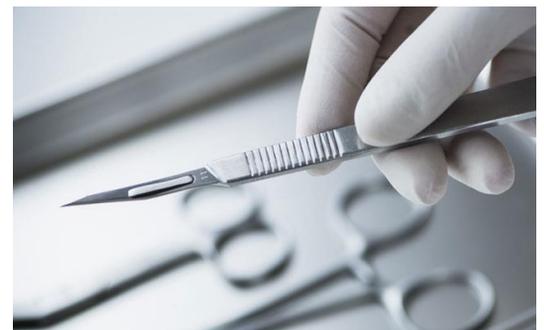
The BACO 2015 Facial Plastic Calendar:

Wednesday 8th of July

- The **Internation Rhinoplasty Forum** (11.45 -13.15 Room 11A) which will be chaired by Tim Woolford, our FPS-UK President with a panel of Charles East (UK), Sam Most (USA) Steve Floreani (Australia) and Abel-Jan Tasman (Switzerland). This go minute session will consist of challenging case base discussions.
- Between 11.45 – 13.15 there will be **Fresh Frozen Cadaveric sessions on Facial Rejuvenation** (dissection by Peter Lohuis and Saj Ataulлах with moderators Simon Watts and Alwyn D’Souza) and **Open Rhinoplasty** (dissection Peter Adamson, moderators Julian Rowe-Jones and Tim Woolford
- A session on **Nasal & Facial Reconstruction** (15.15-16.15pm Room 3A) will be chaired by Alwyn D’Souza with an experienced panel of surgeons consisting of Peter Lohuis, Tim Woolford and Ullas Raghavan. This session will look at nasal and facial reconstruction as well as the management of skin malignancies.
- The **Facial Plastic Video session** (16.45- 17.45 Room 11A) on the Wednesday will be chaired by Claire Hopkins. The panel will consist of pioneering surgeons including Sam Jayaraj, Analise Poirrier, Ben Hunter and Alam Hannan.
- The **Aesthetic Rhinoplasty: Lessons Learnt** chaired by Charles East and a panel consisting of Sam Most and Julian Rowe-Jones will be held in Room 11C (16.45-17.45)
- The **Rhinoplasty & Facial Plastic Surgery at the Clinical Skills Centre** (09.30 – 15.15pm) session will be led by Ullas Raghavan and will provide training in the basic steps of rhinoplasty using plastic models. Pig trotters will also be used to provide training in various skin flaps such as advancement, rotation, bilobed, rhomboid flaps and Z plasty. These sessions are sold out, however there may be cancellations, so if you are interested do check with the CSC (Clinical Skills Centre) on Wednesday morning.



Peter Andrews,
Secretary BACO 2015



Thursday 9th of July

- A dedicated session on **Pinnoplasty and Ear Reconstruction** (15.15-16.15 Room 1A) will be chaired by Charles East with a panel consisting of Neil Bulstrode, Abel-Jan Tasman and Simon Watts
- The Thursday will also host **Botox, Fillers and Lasers session** (16.45-17.45 Room 3B) which will be chaired by David Roberts with a panel consisting of Alwyn D'Souza and Ben Hunter.



Friday 10th July

- Ian Mckay will be the moderator for the session on **Cosmetic Surgery and the Dissatisfied Patient** (10.00-11am Room 3A) with a panel consisting of Pierre Campbell, David Veale, David Roberts and Peter Anderson
- A session on **Facial Reanimation** (11.45 – 13.15 Room 3A) with a panel consisting of Shak Saeed, Charles Nduka, Peter Lohuis and Santdeep Paun, moderated by Peter Andrews. This session will explore all the surgical options and also recognise the increasing popularity of this surgery amongst our specialty.

Fellowship Training Opportunities in Facial plastic and reconstructive surgery through EAFPS

By Mr A D'Souza: Director and Chair of Education for EAFPS

Sub-speciality training in ENT is well established in all fields, except for facial plastic, reconstructive and cosmetic surgery and therefore training in this field has become more paramount.

Most UK facial plastic surgeons mainly perform Rhinoplasty, with an increasing number of ENT departments performing reconstructive, facial skin cancer surgery, and very few surgeons venturing into cosmetic facial plastic surgery. This is in contrast to the situation in the USA where rigorous fellowship training facilitates practice the full range of facial plastic surgical procedures including cosmetic facial surgery to give full exposure to trainees.

From a training perspective, the European Academy of Facial Plastic Surgery (EAFPS.org), an organisation with over 1000 members, primarily made up of ENT members, offers a complete range of training through one year fellowships, in centres across Europe, the UK as well as the USA, with board certification after completion of examinations in facial plastic surgery. Fellows are expected to submit a report after each period of fellowship.



Mr A D'Souza,
Director & Chair of
Education for EAFPS

The deadline for fellowship application is in December of each year, following which applicants are shortlisted based on certain criteria. The interview takes place in March of each year, and the successful candidates are expected to start the fellowship by the end of the interview year. EAFPS offers two or three funded fellowships of €16,000 per fellow, and a number of unfunded fellowships each year after EAFPS board ratification. The funded fellows may also be eligible for free access to the annual EAFPS, AAFPRS and other selected FPS meetings.

The fellows are encouraged to choose accredited training centres of their choice, depending on their training needs. Usually the fellowship committee expects the fellows to flexibly spend time in 3 different centres including one in the USA.

FPS UK encourages members to contact the EAFPS or visit the following websites for further information on training and practice of facial plastic surgery including fellowships.

www.EAFPS.org

www.iffpss.org

www.aafprs.org

Certification in Facial Plastic Surgery

The European Board for Certification in Facial Plastic and Reconstructive Surgery (EBCFPRS) was established in 2013 and will be hosting its third exam this July. In association with the International Board, the exam represents one part of an internationally recognised certification process intended at providing accreditation in this specialty.



Santdeep Paun,
Consultant Nasal & Facial
Plastic Surgeon, St
Bartholomew's & The
Royal London Hospitals

Certification by the EBCFPRS is a two phase, point based process. In the first phase, applicants verify their credentials, training, and experience. In the second part, applicants demonstrate knowledge of the specialty by passing a rigorous written and oral examination. Both phases must be passed in order to achieve certification. As an established Consultant, the application is initiated with sending evidence of 100 consecutive FPS cases performed over a two year period together with certificates of medical training and specialist registration and reference

The exam is administered in collaboration with the American Board and has been developed over decades with substantial effort. It is held over a weekend in July of every year in London. Questions are field tested and selected only when they have been shown to accurately correlate with expert knowledge. On the first day is a written multiple choice examination covering the full breadth of the specialty. This is followed the next day with an oral examination administered by senior examiners in which a total of 12 case scenarios are presented to the examinees over a 3 hour period.

Current Otolaryngology training in the UK, of course, incorporates aspects of Facial Plastic Surgery including in the Intercollegiate exam, but for those wishing to pursue the subspecialty, the EBCFPRS certification provides an invaluable learning experience with important accreditation as a recognised specialist in this area. As its Inaugural President, I would highly recommend this to Surgeons wishing to establish their credibility in performing such procedures.

Further details of the EBCFPRS certification process and application are available on www.EBCFPRS.org.

Santdeep Paun
Consultant Nasal & Facial Plastic Surgeon
St Bartholomew's & The Royal London Hospitals
President, European Board for Certification in Facial Plastic and Reconstructive Surgery

FPS UK Trainee Survey

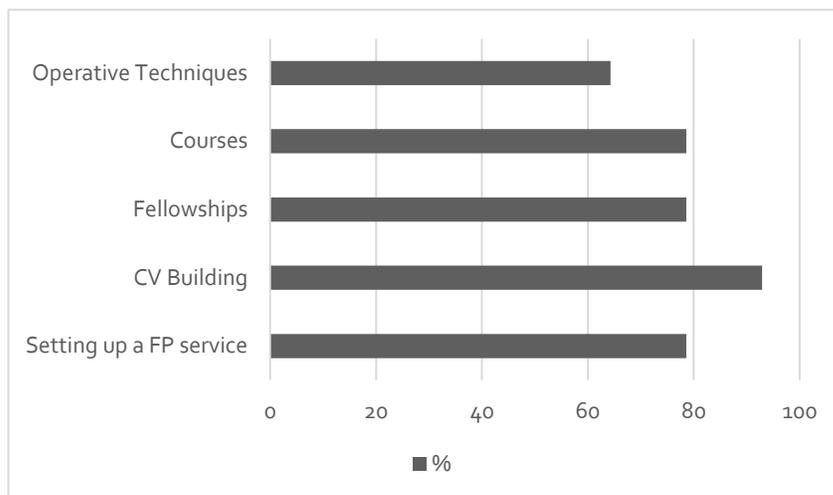
By Bilal Anwar & Daniela Bondin



Daniela Bondin & Bilal Anwar

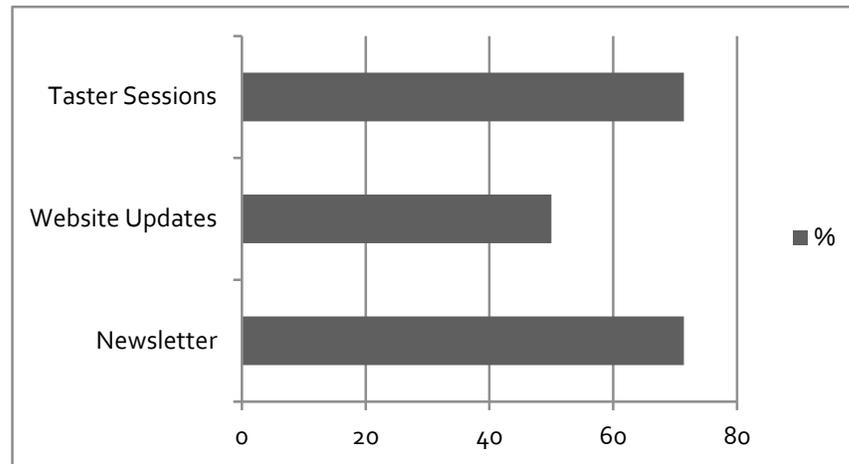
The FPS UK Annual Conference was well attended by the trainee cohort, highlighting the interest in this sub-specialty within ENT. A survey was sent to all trainees that attended to understand trainee requirements and how FPS UK can play a role in catering for this.

93% of trainees that responded to the survey felt that the first FPS meeting met their educational needs. The survey also underlined certain areas that trainees felt FPS could help deliver. This included advice on fellowship training, relevant courses and resources for operative techniques as the table below shows.



The current newsletter provides information about fellowship training through EAFPS. We plan to publicise information about other fellowships in the future and ways in which to apply. We also hope to write about what a candidate requires for fellowship training including CV development. In the future we will discuss how current consultants have gone about establishing a facial plastic service within the NHS and beyond.

Trainees felt that, the methods of communication in which to help accommodate these requirements would be best through newsletters (71.4%) and updates on the FPS website (50%). There was interest in the setting up of taster sessions across the UK for trainees to help develop their facial plastic interest. We hope to explore the possibility of this service further and will keep you updated!



Trainees were interested in the idea of e-learning modules for facial plastic (80%) as a valuable learning resource and in particular videos (100%) along with MCQs and case scenarios. As a starting point we would highly recommend the facial plastic modules on e-lefENT, a dedicated online learning resource for otorhinolaryngology supported by ENT UK on <http://www.e-lefent.org.uk>. We also recommend <http://rhinoplastyarchive.com>, an online free surgical rhinoplasty textbook.

Other feedback received from the survey included the introduction of trainee poster/presentation prizes at the next annual conference and further updates on facial plastic guidelines. This will be fed back to the FPS UK Committee and we hope to cover topics of interest in upcoming events. If there are any further ideas or feedback we would be more than happy to hear from you!

The Cosmetic Surgery Interspecialty Committee (CSIC)

Many of you will be aware of this Committee which was set up at the Royal College of Surgeons following the Keogh report into Cosmetic Surgery. I represent ENT UK on the Committee, with Julian Rowe-Jones, Alwyn D'Souza and Simon Watts providing ENT input in the various sub-committees.

Many of the issues discussed, such as improved patient information and consent processes, are not contentious. I am reassured that the committee members do not take a 'specialty based' stance and raising the standard of cosmetic surgery in all specialties is the priority.

The difficult issue is credentialing in cosmetic surgery, and you may have seen some of the consultation emails about this. We are making progress and it is likely that trainees will need to demonstrate specific case number training in procedures such as rhinoplasty if they are to obtain a credential. Discussions are on-going, and understandably this issue is causing concern amongst trainees. For Consultants this process is likely to form part of revalidation, although this is currently less clear.

There is no doubt that the world of cosmetic surgery in the UK is changing. My own view having been part of the discussions is that this is a good thing, and those who are well trained, perform enough cosmetic cases and manage patients to a good standard have nothing to worry about. Once the situation is clear I will report back to members.

Tim Woolford

GMC Guidance

The GMC is consulting on new guidance for all doctors offering cosmetic interventions and welcome your views on this.

[Click here for further information on how to participate and get involved in future consultations.](#)

Save the Date



The Facial Plastic Surgery Annual Meeting 2016

Date: 4th February 2016

Venue: The Royal College of Surgeons of England, London

[Please click here for more information](#)



Annual Meeting of the European Academy of facial Plastic Surgery (EAFPS)

Date: 23rd - 25th September 2016

Venue: Grand Connaught Rooms, London

[Please click here for more information](#)

FPS News welcome your opinions and suggestions!

Should you like to contact the editorial team with any topics you wish us to cover or if you would like us to publicise any forthcoming events then please email us on phillippa@entuk.org.



A special thank you to Phillippa Chinery, Communications Administrator at ENT UK; who helped to put the newsletter together as part of the technical team.