Editor's Introduction
Sadie Khwaja, Editor, FPS UK News

Dear colleagues,

Happy New Year, and welcome to our winter edition of the FPS newsletter.

It is filled with a bumper pack of knowledge, reviews and upcoming events not to be missed.

I recommend all, but start with the President's address covering the future plans for the society.

Mark your diaries for ERS and BACO and our annual FPS meeting. I hope to see you all there.

In anticipation, whilst getting through the long February month, in between cases, consider reading articles from our leading clinicians on Otoplasty,
Neck lift procedures and a 'tour de force' on Nasal tip rhinoplasty.

Finally, for our junior members a quick revision tool for remembering how to examine a nose, in time for Part 2 FRCS(ORL-HNS).

Good luck!

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**The Earfold Technique by Alam Hannan**

The Earfold system (Allergan plc, Dublin, Ireland) is a new surgical option for the correction of prominent ears, introducing the concept of using a permanent nitinol (nickel-titanium alloy) implant to either create or enhance an antihelical fold, when it is either absent or obtuse.

[Read more.](#)

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**My Top Ten "Tips" in Aesthetic and Functional "Nasal Tip" Surgery by Natarajan Balaji**

Nasal Tip Rhinoplasty is one of the most demanding and complex surgical procedures with in the gamut of rhinoplasty surgery. The two lower lateral cartilages, otherwise called Alar cartilages, form the nasal tip.

[Read more.](#)
ERS 2018

The European Rhinologic Society (ERS) provides a forum for the exchange of experience among specialists. This biennial congress had its last meeting, ERS 2016 in Stockholm which attracted more than 1,600 participants across 73 countries, the 2018 Congress will be held in the prestigious Queen Elizabeth II Centre, Westminster, London.

Read more.

Approaches for Managing the Turkey Neck

An interview about managing turkey neck with Mr Omar Ahmed. Mr Ahmed has more than 25 years experience in plastic surgery. He is trained and experienced in most aspects of the specialty but specialises in:

- Cosmetic surgery
- Head and neck cancer
- Rehabilitation of the paralysed face
- Skin cancer

Read more.
Trainee’s Corner: How to examine the nose
by Bilal Anwar & Daniela Bondin

Part B of the FRCS is performed over two days and constitutes two main parts: the viva and the clinical short case and communication areas. The latter focuses on the trainees’ ability to clinically assess patients and discuss pathology. Examining the nose is therefore a key examination that may be asked in the clinical short case part of the exam. The following is an example of a step by step approach on how to examine the nose.