From the President’s Desk

I write this on the warmest weekend of 2018, with the uplifting London Marathon filling our TV screens on Sunday morning. I’d like to know about all the ENT surgeons who run marathons, undertake extreme challenges; we would like to mark all of your achievements so please let ENT UK know.

In February I attended, on your behalf, a joint colleges / surgical specialties forum on the subject of surgical rationing. It was clear that the two specialties under greatest threat are elective orthopaedics and elective otolaryngology. I was disappointed and concerned at the commissioners’ basic level of knowledge of otolaryngology. One commissioner showed surprise to learn that there was a link between tonsillitis and peritonsillar abscess! Many of you have undertaken a significant amount of work with your local commissioners to protect your departmental services. There is a great deal of repetition in the questions that commissioners raise. ENT UK is pleased to support any department with commissioning difficulties. Ideally, there would be a ‘National (UK) Framework of Indications for Surgery’. I have proposed this structure to all of the Royal Surgical College Presidents. To date, there has been no progress on the development of such a structure. Unfortunately, there may be political resistance to my proposal. It is very important that, if possible, all our arguments for surgical intervention are supported by evidence. Currently there are septoplasty and tonsillectomy trials being undertaken. These results will be important. I would ask all clinicians to support these trials. I would also ask that all our researchers and potential researchers develop more studies to assess and support the interventions that we undertake.

It is appropriate that your association considers and continues to review the governance of ENT surgeons. A short life working party, lead by John Hill, has reviewed the requirements of an ENT surgeon for appraisal and revalidation. This working party has produced some very useful and helpful information for ENT surgeons. This information will be on the ENT UK website and there is more information on the subject later in this newsletter. Thank you to all those who worked on this short life-working group. This
year we are developing a strategy for delivery of UK paediatric ENT services. Over the last few years I have been struck that paediatric ENT surgery has been buffeted by initiatives from paediatricians, anaesthetists and managers. This has resulted in a piecemeal and inconsistent service. I have asked Ben Hartley (BAPO President) to develop this strategy. Ben has identified a strong group to develop this, and as the year unfolds more will be heard about this subject.

We are developing a section on the ENT UK website for ‘specimen standing orders’. These are short evidence based guidelines to help with emergency care, and for reference when a predictable complication develops. Our first example (already available) is on the management of orbital cellulitis. Other potential examples would be ‘hypocalcaemia following thyroidectomy,’ ‘identification of correct nasogastric tube placement’ or ‘facial nerve palsy following middle ear / mastoid surgery.’ San Sunkaraneni is the lead on this project, and if you wish to contribute then please contact San through the ENT UK office. GDPR (new data protection regulations) start soon. There is a useful article on that subject in this newsletter. We are all supposed to be ready! Andrew Robson works hard as our director of education and, in this newsletter, he outlines further educational opportunities for members with webinars and an emergency safe course for consultants.

Andrew Robson ENT UK Director of Education
Mohamed Reda Local Organiser
Philip Clamp Course Director

ENT UK Emergency Skills Course

Following on from two successful pilots, this one day course will be held on Wednesday 10th October 2018 at the Newcastle Surgical Training Centre, Freeman Hospital, Newcastle upon Tyne. This course is open to Consultants and Speciality Doctors who undertake on call commitments. The aim is to provide an update on the management of common and challenging ENT emergencies, both operative and non operative. The course is based in the surgical simulation centre so that cadaveric dissection can be undertaken for delegates to (re) familiarise themselves with techniques which they may have become relatively deskillied in as a result of elective specialisation. Modern evidence based management of medical emergencies will be discussed. Expert faculty will be available to demonstrate techniques. Alongside cadaveric dissection, case based discussions will explore management of ENT emergencies in more depth, encouraging interactive learning through the experience of all delegates and faculty.

Subjects covered during the day include: deep neck space infections, blunt and penetrating neck trauma, front of neck access, current management of epistaxis, (including arterial ligation), management of the complications of sinusitis and otitis media, management of sudden sensorineural hearing loss and facial palsy.

Feedback from previous courses has been universally positive. Delegates have found that having time to practise surgical techniques in a safe and controlled environment helpful, and the case based format of discussions a good way of learning. Pre-course material covering guidelines and protocols for management of acutely unwell patients will also be provided. The cost of the course is £450. It is anticipated that this course will be held twice a year around the UK.

Registration is open for members via the ENT UK website by clicking here.
Ms. Lucy Truman
BOARS Secretary

BOARS Spring Meeting, York 22nd March 2018

An excellent inaugural meeting of BOARS (British Otorhinolaryngology and Allied Sciences Research Society) was held on a lovely spring day in York. This was the first time that the BOARS had met since the ORS (Otorhinolaryngological Research Society) and the BSAO (British Society for Academic Otorhinolaryngology) societies merged last year.

BOARS aims to provide a forum for the best and most current research in ENT, hearing, balance and related disciplines. BOARS organises two meetings a year, which highlight ENT Research and bring together discovery scientists and clinical researchers of all levels to learn together and to win prizes! The Spring programme reflected the needs of academic trainees because BOARS now represents and mentors the academic trainees who were formerly part of the BSAO. The meeting included lectures and useful research tips about how to do collaborative research (Professor David Baguley, Nottingham), how to set up and fund an interactive registry for patients with Respiratory Papillomatosis (Mr Adam Donne, Liverpool) and Professor Andrew Hayward, UCL London described how to use big data to answer important questions.

Miss Maha Khan (Manchester) brought us the latest news from the National ENT Trainee Research Network INTREGRATE, a group of highly motivated ENT trainees publishing fantastic research and tackling important clinical problems. The junior prize for the best presentation was won by Miss Ngan Ta for her talk “What are the best outcome measures for the MACRO trial - Defining the best management for Adults with Chronic Rhinosinusitis?” The Philip Stell Prize was awarded to Mr Andrew Lau for his presentation “The Liverpool Peritonsillar Abscess Score: Development of a predictive score through a prospective observational study.” Mr Lau was presented with a cheque and an invitation to present his winning talk at the Annual Dutch Otorhinolaryngology Society meeting in the Netherlands.

BOARS welcomes all medical students, trainees, scientists, audiologists and consultants to present their research at the next meeting, which will be held in Nottingham on Friday 26th October 2018. All details about BOARS and how to submit an abstract are on the ENT UK website under the research tab.

Professor Carl Philpott congratulates the two inaugural BOARS prizewinners, Andrew Lau and Ngan Ta
General Data Protection Regulation (GDPR)

GDPR stands for General Data Protection Regulation and is considered as the most important development in data privacy regulation for 20 years. It creates a single set of rules that better protect personal information for people across the EU and will be implemented from 25th May 2018. It replaces, and builds on, previous legislation designed to protect personal data being information about natural persons. All organisations must review how they manage all personal data, such as membership information and staff details, to ensure they meet the GDPR requirements.

Any violations can lead to significant fines for organisations and the payment of compensation to individuals whose data has been improperly used. This is therefore something that an organisation like ENT UK cannot ignore. Though it is an EU Regulation, any departure of the UK from the EU is unlikely to change substantively the data protection requirements reflected in the Regulation.

The new rules will ensure that all organisations are set up to protect any personal data they hold, and to act appropriately if something goes wrong. The new regulation supports patients’ right to have their privacy respected and their data protected. There are obviously significant ramifications for the NHS and clinicians handling personal data generally. The Regulation will give easier access to the personal information organisations hold about patients if they wish to check or change it. It is designed to give everyone confidence that this information is accurate, up to date and well managed.

As a membership body, ENT UK has a specific responsibility to protect members’ data and privacy. ENT UK will be both a data controller (because it holds data about individuals) and a data processor (because it processes data for other organisations). It has responsibilities in both capacities and needs to ensure that it has a lawful basis for processing and that it makes clear what the purpose of the processing is for. Every organisation controlling or processing data must provide the data subject with the opportunity to change their mind about the choices they have made. This is intended to give the data subject control of their personal data.

ENT UK has been carrying out an exercise to establish the nature of the data that it currently holds and in what capacities. That exercise has now been completed and the next steps involve ensuring that appropriate contracts are in place where ENT UK is acting as a data processor or employing others to act as data processors for the data that it controls. ENT UK will also be putting in place a privacy policy which it will be notifying to the membership so as to alert the members to the lawful basis for processing data and the purposes to which it will be put. This will involve further communications with members in the run-up to the 25th May implementation date and for members to provide or withhold their consent to some of the uses to which the members’ personal data is put. The co-operation of the membership in this exercise will be much appreciated so that ENT UK can ensure that it continues to provide membership services seamlessly.
Report from the ENT UK short life working group on revalidation and appraisal for ENT Surgeons

The main purpose of the SLWG was to provide information that would be helpful for surgeons preparing for appraisal and revalidation, and to provide information for appraisers. The aim was to produce documentation that could be published on the ENT UK website, and be accessed by appraisers and appraisees. Ten areas were specifically considered:

1. How to stay emergency-safe
2. Role of indicative numbers of cases
3. What is required for sub-specialist interests?
4. Rural vs tertiary referral practice
5. Is there a scientific basis for regular review of knowledge / skills, and if so, how?
6. How to demonstrate that private practice is safe and mirrors NHS practice
7. What does the GMC want?
8. What is appropriate for part-time post holders?
9. What is appropriate for SAS doctors?
10. What is appropriate for academics?

Advice to appraisers
This document has been constructed with the aim of informing appraisers, particularly those who are not ENT surgeons, about the structure of the specialty. We have included information about the amount of work that is paediatric in nature, emergency based and sub-specialist. We have also included information on sub-specialist professional bodies and national databases.

Information for appraisees
In this section we have suggested possible sources of supporting information that could potentially be of use in populating the appraisal form. These are divided up into the four GMC domains, which are usually the basis of these documents.

The full document can be found here

BACO 2018 is almost upon us! Professor Vin Paleri has delivered a top class Academic programme and the Clinical Skills Centre organised by Professor Neil Tolley is the most ambitious yet. As you can see below, delegates will find that the social events in Manchester organised by Mr Jonathan Hobson have a very different feel to previous BACOs. I hope you will all attend our flagship event and join us at Old Trafford and the Party night.

VIP Reception at Manchester United
6.00pm to 8.30pm Wednesday 4th July
- Transport to and from Old Trafford
- Drinks & canapés in the Red Café
- Meet a legendary Manchester United player
- Guided tour of the Manchester United museum
- Pictures with the Trophies
- Visit inside the iconic Old Trafford stadium
All this for only £45

BACO Party Night - Thursday 5th July
Join us for the first ever BACO Party Night at the Manchester Central Conference Centre
- International street food, wine, soft drinks
- Legendary Northern Xposure soul band
- Disco til late
- Cash bar available throughout the evening
Tickets only £45 each

For more information or to book tickets, please visit the BACO 2018 website
Mr. Andrew Robson  
**ENT UK Director of Education**  

**RCSEd and ENT UK Webinars**

The education department of the Royal College of Surgeons of Edinburgh have teamed up with ENT UK to provide a series of free webinars on the subject of ‘ENT Emergencies.’ These are one hour webinars scheduled for a weekday evening, that will run through 2018 and into 2019. The format is for there to be a speaker and moderator with the opportunity for those who link in to submit questions to the speaker. The webinars are designed both for consultants and speciality doctors to help maintain and improve their competencies in the management of emergencies, and trainees to help them develop their skills in managing straightforward and more complex emergencies.

The first webinar was held on 22nd February on the subject of ‘Blunt & Penetrating Neck Trauma’ delivered by Charlie Hall. This was a comprehensive evidence based talk which stimulated many questions with over 70 people linking in. Speakers and chairs for the topics detailed below have been confirmed, and some dates are yet to be finalised.

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<tr>
<th>Title</th>
<th>Speaker</th>
<th>Chair</th>
<th>Date</th>
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<tbody>
<tr>
<td>Paediatric Airway Emergencies</td>
<td>Mike Rothera</td>
<td>Haytham Kubba</td>
<td>8pm 29th May 2018</td>
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<tr>
<td>Laryngeal &amp; Pharyngeal trauma incl. burns / caustic injury</td>
<td>Kim Ah See</td>
<td>Omar Hilmi</td>
<td>8pm 2nd July 2018</td>
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<tr>
<td>Emergency airway management</td>
<td>Guri Sandhu</td>
<td>Omar Hilmi</td>
<td>TBC</td>
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<tr>
<td>Sudden Sensorineural hearing loss &amp; Facial Palsy</td>
<td>Philip Clamp</td>
<td>Musheer Hussain</td>
<td>TBC</td>
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<tr>
<td>Complications of Otitis Media</td>
<td>Philip Robinson</td>
<td>Musheer Hussain</td>
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<td>Epistaxis</td>
<td>Gerry McGarry</td>
<td>Brian Bingham</td>
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<tr>
<td>Complications of Rhinosinusitis</td>
<td>Sean Carrie</td>
<td>Brian Bingham</td>
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<tr>
<td>Non accidental Injury in the Head and Neck</td>
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I am sure you will agree that we have some excellent speakers who will provide a practical talk incorporating the latest evidence as well as giving helpful tips on management from their own clinical practice. The recorded webinars will be archived on the RCSEd website as well as the elefENT website, so they can be accessed by college members and fellows as well as ENT UK members; another benefit of membership. Details will be publicised through the ENT UK news roundup and other networks as well as the college website. I hope that consultants, speciality doctors and trainees find this series useful and informative and I am grateful to the speakers and moderators for giving up their time to deliver this important series of webinars.
What was the inspiration behind The Mrs Prakash Narula Travelling BACO Fellowship?

In memory of my late mother, I provided a £25,000 donation to ENT UK. The Trustees of ENT UK entrusted Professor Nirmal Kumar to find a useful way of helping overseas colleagues the opportunity of attending the British Academic Conference in Otolaryngology (BACO) International 2018. BACO 2018 will be hosted in the vibrant city of Manchester in July this year. It was Professor Kumar’s decision to use some of the donation to endow the Travelling Fellowship in recognition of my late mother’s early life spent overseas in India and Burma. I am most grateful to the Trustees for this wonderful gesture.

What are the financial implications of creating such a Fellowship?

ENT UK received more than 50 applications from more than 10 countries. A panel chose the successful 10 delegates from a range of developing countries across multiple continents including Africa, South America, Asia, the Middle-East and the Far-East. The overseas delegates have their registration to BACO paid in full and also receive a substantial travel grant to fly to the UK, to attend BACO and to assist with their expenses during their stay in the UK. Needless to say, this is a tremendous financial benefit and opportunity for many overseas trainees and specialists.

Are there any tax implications?

Donating to a charity, such as ENT UK, certainly has its tax advantages. Firstly, anyone donating directly to a charity can claim personal tax relief and the charity also claims back the tax that would have been paid. Therefore, both parties are able to financially benefit.

Secondly, with regards to inheritances, tax is paid at 40% above the nil rate band. However, if the beneficiaries agree to donate 10% of the residual estate to a UK charity, a reduced rate of 32% is charged on the remainder. Thus, in my case the small reduction in the net estate was completely out weighed by the reduction in the HMRC payment.

What advice would you give to someone aspiring to create a similar opportunity for trainees / international surgeons?

This is a very tax efficient way of endowing ENT UK with sums of money from the estates of our members or their relatives, and they can have the satisfaction of knowing that ENT UK will use their donation for the benefit of the global health of patients while increasing international links and co-operation.

This fellowship is a fantastic opportunity for trainees and international surgeons. What kind of impact do you hope the Fellowship will achieve?

The impact will be widespread. Trainees and specialists from abroad speak with fond memories of their time in such Fellowships. Opening their eyes to recent advances in the specialty, networking with colleagues from many countries and helping two-way interactions will be to the advantage of both our UK based specialists and international colleagues, ultimately benefiting patients everywhere.

The Trustees of ENT UK wish to commend Professor Narula for setting this example and to encourage others to follow.
Members’ Achievements

ENT UK would like to offer hearty congratulations to Professor Nick Stafford, who was awarded an OBE for services to medical research and healthcare in Her Majesty the Queen’s 2018 New Year’s Honours List. Professor Stafford received his OBE for his work with the Daisy Appeal Charity which he founded in 2000. Following the charity’s full registration in 2002, work was well underway with the first project, to build and equip a medical research building at Castle Hill Hospital. The Daisy Appeal Research and Development Building opened in 2008. Costing £8.5 million to build and equip and provides research laboratory and clinical trials facilities which have resulted in achieving a research grant income in excess of £7 million over the last five years; training and education facilities for medical undergraduates from the Hull York Medical School; an 80 seat conference facility and associated seminar rooms, and accommodation for the Trust and Medical School's R&D staff who oversee local medical research activities.

We take great pride in the achievements of fellow ENT UK members, and are keen to share news of these within our quarterly newsletter. If you have an achievement or announcement which you’d like us to share, please get in touch by clicking here.

Otolaryngological Research Society (ORS)

CALL FOR INFORMATION

Professor Patrick Bradley is collecting information on the history of the Otolaryngological Research Society, which merged with the British Society for Academic Otolaryngology to form BOARS last year.

If you’ve ever been a recipient of one of the ORS awards: the Philip Stell prize, the Angell James prize, the Xomed Treace prize, the ORS research grant, or the ORS Junior Presenter prize, please contact Professor Bradley on the link below, to let him know which award/s you received, and which year you received them.

You can also drop him an email if you have any other information about the history of the ORS.

Click here to email Professor Bradley

ENT UK Newsletter