The 11th Annual Head and Neck Conference: “Head and neck cancer management in the elderly”

Friday 8 November 2019
The Royal College of Physicians, 11 St Andrews Place, Regents Park, London NW1 4LE
www.royalmarsden.nhs.uk/conferences

CPD accreditation applied for from the Royal College of Physicians
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Introduction

Dear Colleagues

After the success of the last ten years it is with great pleasure that you are invited to participate in the eleventh Royal Marsden Head and Neck study day. Sixty percent of all malignancies are diagnosed in patients who are over 65 years of age and the numbers of elderly patients will increase in the foreseeable future. This year we have therefore chosen to focus on the diagnosis and management of head and neck cancer in the elderly. The meeting assembles some of the country’s leading experts to critically discuss the evidence base for a wide range of pertinent topics. The meeting will be of particular interest to maxillofacial, ENT or plastic surgeons with an interest in head and neck oncology, as well as clinical/medical oncologists, radiologists and pathologists. Our invitation is extended to consultants and trainees alike, as well as other members of the multidisciplinary team. The meeting will be interactive with ample opportunity to discuss the evidence presented.

Conference aims

This course aims to build on the successes of the last ten years and will explore the changes that have taken place in the management of head and neck malignancy in the last decade. The day will consist of evidence-based lectures that will focus on biology of the ageing cell, peri-operative care and frailty, physical rehabilitation after treatment in the elderly and some of the ethical dilemmas that surround treatment in this age group. Case-based discussion will be incorporated throughout the day.

Target audience

Specialist Registrars and Consultants in Head and Neck/Maxillofacial/ENT/Plastic Surgery, Clinical and Medical Oncologists, Pathologists, Radiologists and all members of the extended Head and Neck Team

Topics to include

- Biology of the ageing cell
- Peri-operative care and frailty
- Physical rehabilitation after treatment in the elderly
- Ethical dilemmas
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<th>Time</th>
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<td>09.00 – 09.25</td>
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| 09.25 – 09.30 | Introduction                                                        | Mr. Cyrus Kerawala  
Consultant Maxillofacial / Head and Neck Surgeon  
The Royal Marsden NHS Foundation Trust |
| 09.30 – 10.00 | Biology of the ageing cell                                         | Speaker TBC                                                                  |
| 10.00 – 10.30 | Pre-frailty and frailty                                            | Dr. Steve Parry  
Consultant Physician In Acute Medicine  
The Newcastle upon Tyne Hospitals NHS Foundation Trust |
| 10.30 – 11.00 | Quality of life after treatment                                     | Cherith Semple  
Reader in Clinical Cancer Nursing  
Ulster University / South Eastern Health & Social Care Trust |
| 11.00 – 11.15 | Discussion                                                          |                                                                               |
| 11.15 – 11.45 | Coffee                                                              |                                                                               |
| 11.45 – 12.15 | Palliative surgery                                                  | Professor Kim Ah-See  
Consultant ENT / Head and Neck Surgeon  
Aberdeen Royal Infirmary |
| 12.15 – 12.45 | Managing older patients with Head and Neck Cancers: Non-surgical curative approach | Dr. Shahid Iqbal  
Consultant Clinical Oncologist, Northern Centre for Cancer Care Freeman Hospital, Newcastle upon Tyne |
| 12.45 – 13.00 | Discussion                                                          |                                                                               |
| 13.00 – 14.00 | Lunch                                                               |                                                                               |
| 14.00 – 14.30 | Peri-operative management of the high-risk patient                  | Dr. Shaman Jhanji  
Consultant and Honorary Senior Lecturer in Intensive Care Medicine and Anaesthetics  
The Royal Marsden NHS Foundation Trust |
| 14.30 – 15.00 | Prehabilitation and rehabilitation for older people undergoing major head and neck treatment | Dr John Moore  
Consultant in Anaesthetics and Intensive Care Medicine, Clinical Head of Division for Anaesthesia, Peri-Operative Medicine and Critical Care Services, CSS ERAS+ National Innovation Accelerator Fellow, NHS England  
GM Cancer Prehab4Cancer and Recovery programme Clinical Director, GM Cancer |
| 15.00 – 15.15 | Discussion                                                          |                                                                               |
| 15.15 – 15.45 | Tea                                                                 |                                                                               |
| 15.45 – 16.15 | Clinical decision making in elderly cancer patients – ethical and financial dilemmas | Speaker TBC |
| 16.15 – 16.45 | End of life care                                                    | Professor Julia Riley  
Consultant in Palliative Care Medicine  
The Royal Marsden NHS Foundation Trust |
| 16.45 – 17.00 | Closing comments                                                    | Professor Vin Paleri  
Consultant ENT / Head and Neck Surgeon  
The Royal Marsden NHS Foundation Trust |
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£180 Full Delegate
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